

Local and National Suicide Intervention Resources

Suicide Crisis Lifeline 988

Suicide Prevention Hotline 1-800-273-8255 (TALK)

National Crisis Text Line 741741 Text HELP

State of Alaska 988 Page	988.alaska.gov
American Foundation for Suicide Prevention	1-800-333-2377 (HELP)
Alaska Careline	1-877-266-4357(HELP) or text HELP to 839863
Trevor Project for LGBTQ youth	1-866-488-7386 or thetrevorproject.org Text 'START' to 678678
Transgender Suicide Hotline	1-877-565-8860 (M-F 8am-6pm Pacific) translifeline.org/hotline
Veteran Suicide Crisis Line	988 press 1 OR text 838255 www.veteranscrisisline.net
Elder Friendship and Crisis Line	1-800-971-0016
Anchorage Fire Department Mobile Crisis Team (MCT)	9-1-1 OR 3-1-1
Anchorage Police Department Crisis Intervention Team (CIT)	9-1-1 OR 3-1-1, Ask for CIT
Local and National Resources	
Alaska 2-1-1	211 or 800-478-2221
Identity Inc: LGBTQIA2S+	907-929-4528
Brain Injury Association of Alaska	907-274-2824
Southcentral Foundation Behavioral Health Services	907-729-2500
Alaska Behavioral Health Services (formerly Alaska Community Mental Health Services – ACMHS)	907-563-3200 or 907-563-1000
University of Alaska Anchorage Crisis Line	907-786-1795
National Mental Health Association	800-969-6642
Domestic Violence Crisis Line (AWAIC)	907-272-0100
Sexual Assault Crisis Line (STAR)	907-276-7273 or 800-478-8999
North Star Behavioral Health Hospital	907-258-7575
Chris Kyle Patriots Hospital	907-433-7326

Alaska Native Medical Center Emergency Department	907-729-1729
Providence Psychiatric Emergency Room (PPER)	907-212-2800
Alaska Psychiatric Institute (API)	907-269-7100
Mat-Su Health Foundation (MSHF)	907-376-2411
AK Family Services Crisis Line/ Palmer	866-746-4080 or text 907-295-9246
Covenant House (youth shelter)	907-272-1255
Alcoholic Anonymous (AA)	907-272-2312
Adult Protective Services (APS)	907-269-3666
Narcotics Anonymous	800-304-2219 OR 907-288-5483
National Crisis Text Line	741741 text "HOME"
National Crisis Response Canines	971-217-9966 OR 973-513-0103
National Alliance on Mental Illness (NAMI) Anchorage - Support Groups	907-272-0227
QPR, SafeTALK, Youth/Adult Mental Health First Aid, & ASIST Offered by	
Cook Inlet Tribal Council Prevention Program Offers QPR, SafeTALK, ASIST	907-793-3458 OR prevention@citci.org
Southcentral Foundation Behavioral Health Services offers SafeTALK OR ASIST	907-729-7479
Kris Green Certified Thanatologist and Master Trainer; Volunteer Chaplain Krysalis LLC (contractor for SafeTALK OR ASIST)	907-748-4885 OR krisgreen.907@gmail.com
Alaska Native Tribal Health Consortium Injury Prevention Program Offers SafeTALK OR ASIST	907-729-3751 OR preventsuicide@anthc.org
Youth Mental Health First Aid (YMHFA)	Wendi Shackelford, 907-264-6224, wblackwe@alaska.edu
Adult Mental Health First Aid (MHFA)	Jill Ramsey, 907-264-6228, jdramsey2@alaska.edu
Other Community Resources	
CITC Peer Recovery Support Helpline	907-793-3646 or text 907-802-0043
Fairbanks Mobile Outreach for Children and Families. Available 7 days a week, 8am – 8pm, to individuals 18 years and younger in the Fairbanks North Star Borough who are in an active state of crisis.	907-782-7381
STAR crisis line is available 24/7	907-276-7273/800-478-8999 (toll free)