

# Local and National Suicide Intervention Resources

**Suicide Crisis Lifeline 988**

**Suicide Prevention Hotline 1-800-273-8255 (TALK)**

**National Crisis Text Line 741741 Text HELP**

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| <b>State of Alaska 988 Page</b>                                   | <b>988.alaska.gov</b>  |
| <b>American Foundation for Suicide Prevention</b>                 | <b>1-800-333-2377 (HELP)</b>   |
| <b>Alaska Careline</b>  | <b>1-877-266-4357(HELP) or call or text 988</b>                              |
| <b>Trevor Project for LGBTQ youth</b>                             | <b>1-866-488-7386 or<br/>thetrevorproject.org<br/>Text 'START' to 678678</b> |
| <b>Transgender Suicide Hotline</b>                                | <b>1-877-565-8860 (M-F 8am-6pm Pacific)<br/>translifeline.org/hotline</b>    |
| <b>Veteran Suicide Crisis Line</b>                                | <b>988 press 1 OR text 838255<br/>www.veteranscrisisline.net</b>             |
| <b>Elder Friendship and Crisis Line</b>                           | <b>1-800-971-0016</b>  |
| <b>Anchorage Fire Department Mobile Crisis Team (MCT)</b>         | <b>9-1-1 OR 3-1-1</b>  |
| <b>Anchorage Police Department Crisis Intervention Team (CIT)</b> | <b>9-1-1 OR 3-1-1, Ask for CIT</b>   |

| <b>Local and National Resources</b>  |   |
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| Alaska 2-1-1   | 211 or 800-478-2221                         |
| Identity Inc: LGBTQIA2S+   | 907-929-4528                                |
| Brain Injury Association of Alaska   | 907-274-2824                                |
| Southcentral Foundation Behavioral Health Services   | 907-729-2500                                |
| Alaska Behavioral Health Services (formerly Alaska Community Mental Health Services – ACMHS)                                       | 907-563-3200 or 907-563-1000                |
| University of Alaska Anchorage Crisis Line   | 907-786-1795                                |
| National Mental Health Association   | 800-969-6642                                |
| Domestic Violence Crisis Line (AWAIC)  | 907-272-0100                                |
| Sexual Assault Crisis Line (STAR)  | 907-276-7273 or 800-478-8999                |
| North Star Behavioral Health Hospital  | 907-258-7575                                |
| Chris Kyle Patriots Hospital   | 907-433-7326                                |
| Alaska Native Medical Center Emergency Department  | 907-729-1729                                |
| Providence Psychiatric Emergency Room (PPER)   | 907-212-2800                                |
| Alaska Psychiatric Institute (API)   | 907-269-7100                                |
| Mat-Su Health Foundation (MSHF)  | 907-376-2411                                |
| AK Family Services Crisis Line/ Palmer   | 866-746-4080 or text 907-295-9246           |
| Covenant House (youth shelter)   | 907-272-1255                                |
| Alcoholic Anonymous (AA)   | 907-272-2312                                |
| Adult Protective Services (APS)  | 907-269-3666                                |
| Narcotics Anonymous  | 800-304-2219 OR 907-288-5483                |
| National Crisis Text Line  | 741741 text “HOME”                          |
| National Crisis Response Canines   | 971-217-9966 OR 973-513-0103                |
| National Alliance on Mental Illness (NAMI)<br>Anchorage - Support Groups   | 907-272-0227                                |
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| <b>QPR, SafeTALK, Youth/Adult Mental Health First Aid, &amp; ASIST Offered by</b>  |   |
| Cook Inlet Tribal Council Prevention Program<br>Offers QPR, SafeTALK, ASIST  | 907-793-3458 OR prevention@citci.org        |
| Southcentral Foundation Behavioral Health<br>Services offers SafeTALK OR ASIST   | 907-729-7479                                |
| Kris Green<br>Certified Thanatologist and Master Trainer;<br>Volunteer Chaplain<br>Krysalis LLC (contractor for SafeTALK OR ASIST) | 907-748-4885 OR<br>krisgreen.907@gmail.com  |
| Alaska Native Tribal Health Consortium Injury<br>Prevention Program Offers SafeTALK OR ASIST                                       | 907-729-3751 OR<br>preventsuicide@anthc.org |

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| Youth Mental Health First Aid (YMHFA)  | Wendi Shackelford, 907-264-6224,<br>wblackwe@alaska.edu |
| Adult Mental Health First Aid (MHFA)   | Jill Ramsey, 907-264-6228,<br>jdramsey2@alaska.edu      |
| <b>Other Community Resources</b>   |   |
| CITC Peer Recovery Support Helpline  | 907-793-3646 or text 907-802-0043                       |
| Fairbanks Mobile Outreach for Children and Families. Available 7 days a week, 8am – 8pm, to individuals 18 years and younger in the Fairbanks North Star Borough who are in an active state of crisis. | 907-782-7381  |
| STAR crisis line is available 24/7   | 907-276-7273/800-478-8999 (toll free)                   |